

## **Xiaflex Injection**

A Xiaflex penile injection is an injection therapy used to reduce erectile curvature. This injection uses a collagen and scar breaking medicine to slowly dissolve the penile scar responsible for penile curvature.

- You signed, or will sign, informed consent paperwork regarding this procedure. This outlines the
  potential surgical risks and complications associated with this specific procedure. You may request a
  copy of your informed consent paperwork for your own records, and it is always scanned into your
  medical record and easily available for review.
- Alternatives to this therapy include observation, penile stretching or modeling without the injections or surgical correction.
- These injections are scheduled twice in the same week, typically Wednesday and Friday. There is a 6 week break in between cycles. Typically 4 cycles are offered. Most men do not see significant improvement until at least the 2nd cycle is complete.
- You will be given a pamphlet outlining injection schedule as well as modeling and stretching techniques.
   These modeling and stretching techniques assist the medicine greatly in dissolving the plaque and correcting curvature.
- This pamphlet also outlines the risks of erectile damage and penile fracture with this therapy. In order to reduce your risk of these rare but serious complications, you must refrain from intercourse or intimacy that causes bending or pressure on the penis for 4 weeks after each cycle.
- This procedure takes place in the urology office and is injected by your urologist. Some men elect for an initial injection of numbing lidocaine prior to the Xiaflex injection.
- The injection will likely cause some initial pain and discomfort during and after the injection. We recommend utilizing tylenol, advil, ice packs and tighter form fitting underwear to help with bruising and swelling after the injection.
- If you notice severe swelling or bruising or pain after your injection, please call the urology office for assessment.