



Urolift in the Office

A Urolift is a surgical procedure to pull aside obstructive prostate tissue affecting your urination. Alternatives to surgery include observation, medical therapy or other surgical procedures. You will have discussed these alternative options with your urologist prior to deciding to undergo surgery.

- You signed, or will sign, informed consent paperwork regarding this surgical procedure. This outlines the potential surgical risks and complications associated with this specific surgery. You may request a copy of your informed consent paperwork for your own records and it is always scanned into your medical record and easily available for review.
- Your surgery will take place in the Bloomfield urology office. The date of your surgery will be determined by you and the surgical scheduler. Please show up 5-10 minutes before your procedure time. You will be contacted by the urology office to confirm the time of your procedure.
- The surgery is performed with a camera passed through the penis. Surgery time is approximately 30 minutes. You will be under sedation and local numbing medicine will also be used for the entirety of the procedure. At the conclusion of the procedure, you will have a Foley catheter in place which is a tube going into the bladder to drain your urine. This catheter is crucial for post-operative healing and to drain out any postoperative blood. Your catheter will typically be removed 1-3 days after surgery, you will be instructed by the office staff how to care for your catheter at home.
- You will be provided with a prescription for oral pain medicine as well as a stool softener to prevent constipation. Many patients undergoing the surgery are on prostate medications prior to surgery. You are encouraged to continue with these medications postoperatively until you and your surgeon decide to stop these medications.
- You are expected to take Tylenol (Acetaminophen) and Advil (Ibuprofen) for baseline postoperative pain and discomfort.
- You will be provided paperwork regarding expected postoperative symptoms including warning signs and parameters to call the hospital or the urology office. For example, if you are experiencing chest pain, severe headache, trouble breathing, dizziness or lightheadedness, severe abdominal pain unresponsive to medication, significant blood in the urine blocking the catheter or any other worrisome symptoms please either call the urology office or proceed directly to the emergency room for evaluation.

- You will be seen in the urology office, at the discretion of your surgeon, typically 1-3 days after surgery for a foley catheter removal appointment. This is performed in the morning and you are expected to return to the office that afternoon for another appointment to assess your voiding. You may experience incontinence after your foley catheter is removed. We recommend you bring adult diapers and/or incontinence pads to your postoperative foley removal appointment.
- Your next post operative appointment will be approximately 1 month after surgery. Additional postoperative appointments may be required at the discretion of the patient and your surgeon.
- If you require paperwork or documentation regarding time off of work this paperwork can be completed by the urology office staff. This paperwork does not need to be completed prior to surgery and is often completed after surgery to reflect an accurate timeline for your recovery. It is your responsibility to provide all necessary paperwork to the office staff.
- After this surgery it is important to continue following up with your urologist to track your postoperative recovery and voiding function.