

## **What is Urodynamic Testing (UDS)?**

Urodynamic testing is any exam or procedure that investigates how well the body is releasing and storing urine.

### **Urodynamic Testing Preparation**

Most urodynamic tests do not require any special preparation. Your urine will be tested for signs of infection, if you do have a urinary tract infection, you may be prescribed antibiotics, and your test will be rescheduled.

### **What to Expect**

First, your bladder will be completely emptied with a catheter. Next, a very thin catheter will be inserted in the bladder, and another in the vagina or rectum. Then your bladder will be filled with sterile water. This is testing your bladder's activity and capacity. When you feel a very strong urge to urinate, you will be asked to do so in a container that will measure your flow and amount. If you are unable to empty your bladder, it will be emptied with a catheter. You may be given an antibiotic at the end of the test. Your doctor will review the results of the test and follow up with you in about a week.

### **After the Test**

You may experience slight pain or burning for up to 24 hours after the test. If you experience more bothersome or persistent symptoms, please contact the office at 860-580-5656.