



## Sacral Neuromodulation PNE Trial

**A sacral neuromodulation PNE trial is a nerve therapy test to determine if your bladder and possibly concurrent gastrointestinal symptoms are due to dysregulated nerve signals. This trial is a way to determine if a long-lasting medical implant can significantly improve your symptoms. You will have discussed alternative options with your urologist prior to deciding to undergo this procedure.**

- You signed, or will sign, informed consent paperwork regarding this procedure. This outlines the potential surgical risks and complications associated with this specific procedure. You may request a copy of your informed consent paperwork for your own records, and it is always scanned into your medical record and easily available for review.
- Your surgery will take place in the office under local anesthesia with you lying on your stomach. The procedure takes around 30 minutes. You will have local anesthesia so you will not feel significant pain during the procedure. You may feel some discomfort from the numbing anesthetic as well as some discomfort from the acupuncture type needle used to find the correct placement for the device. The temporary nerve test device is placed through the skin on both the right and left side near the base of the spine in order to make contact with the nerves that go to the bladder. The placement will be tested at the time of the procedure to ensure accurate location and placed under a large dressing.
- The test trial will last 1 week to see if this therapy is effective for you. You will need to keep a log of your symptoms during the week trial to compare to baseline. You will present to the office again in 1 week to review results and gently remove the temporary device. Removal is not painful or distressing. It is imperative to not get the overlying dressing wet during the week trial to ensure accurate test results.
- Your device will be turned on, programmed, and functional before you leave the urology office. You will have the contact information for the device representative for consistent communication during the trial.
- You will also be provided with warning signs and parameters to call the urology office. For example, if you are experiencing chest pain, severe headache, trouble breathing, dizziness or lightheadedness, severe abdominal pain unresponsive to medication, significant blood in the urine or any other worrisome symptoms please either call the urology office or proceed directly to the emergency room for evaluation.
- If you require paperwork or documentation regarding time off of work this paperwork can be completed by the urology office staff. This paperwork does not need to be completed prior to surgery and is often completed after surgery to reflect an accurate timeline for your recovery.