



## **Botox Instillation**

**A bladder botox instillation is a therapy to reduce your refractory bladder symptoms. You will have discussed alternative options with your urologist prior to deciding to undergo this procedure.**

- You signed, or will sign, informed consent paperwork regarding this procedure. This outlines the potential surgical risks and complications associated with this specific procedure. You may request a copy of your informed consent paperwork for your own records, and it is always scanned into your medical record and easily available for review.
- Your surgery will take place in the office under local anesthesia. You will need to provide a urine sample upon arriving at the urology office to check for infection prior to the procedure. The procedure takes around 30 minutes. First, a local anesthetic will be administered through a small catheter placed into the bladder through which the numbing medicine will be instilled. After the medicine sits inside your bladder for a short time period, a small camera will be passed into the bladder. The camera will be used to identify the places to inject the botox. Typically between 10-20 small needle pokes are used to administer the botox medicine.
- You may need to urinate after the procedure is concluded, some pink or red urine is expected for 1-2 days after the procedure as well as some temporary burning or urgency.
- You will also be provided with warning signs and parameters to call the urology office. For example, if you are experiencing chest pain, severe headache, trouble breathing, dizziness or lightheadedness, severe abdominal pain unresponsive to medication, significant blood in the urine or any other worrisome symptoms please either call the urology office or proceed directly to the emergency room for evaluation.
- If effective, botox instillation typically lasts 6 months before wearing off. You will require repeat botox injections to renew the effects of the medicine depending on your response. The soonest a repeat injection can be performed is typically 3 months.